A. Tact and Purpose

Food in the hands of Germany has become one of the most powerful weapons of subjugation and domination. It was the weapon used for "cleaning" areas marked out as Germany's laboratory; it has become the means and method for the extermination of the Jewish people.

The plan to use food and starvation as one of the foremost weapons in the biological war of annihilation waged by the Nazis has been conceived and approved on the highest level and then elaborated and executed with additional skill and expertise by the unscrupulous military and civil authorities in Germany, the satellite countries, and in the occupied areas under the general supervision of the successive German Ministers of Food and Agriculture, Walter Warre and Hermann Balcke, Reich Marshal Hermann Goering, in his notorious speech on October 4, 1940, made it very clear that "If privation is unavoidable it will in no circumstances affect Germany. The German people come before all other peoples for food."

In conformity with this principle, the Germans stripped the occupied countries of the barest necessities, leaving large portions of the population to die of starvation.
A very rigid system of rationing has been introduced, based upon
racial principles.

Dr. Robert Ley, the German Minister of Labor, formulated the
philosophy of the racial rationing system as early as January
1940, by stating in an article in Der Angriff:

"A lower race needs less room, less clothing, less food, and
culture than a higher race."

The occupied countries had to serve as the granaries of the
Ostmark, whereas the native population had to live with a minimum of
food. Field Marshall Speer, in his capacity as Commissioner for
the Four Year Plan, and Plenipotentiary for the Government General
of Poland, in a confidential Instruction addressed to Major-General
Reinhard, Head of the Reich Office for the Four Year Plan in
Gnomes orders to set up a "planned distribution of the foodstuffs"
(Dem. 2A), based on the principles set forth in Par. 4 as follows:

"In connection with the food supply for the population it must
be obtained at all costs that people engaged in concerns of vital or
military importance, shall maintain their efficiency, while the rest
of the population shall during the food shortage, reduced to a mini-
span of food.* (B b 1/40 of 28 Jan. 1940).

The Governor General, Dr. Hans Frank and his secretary, Dr.
Bucharj, sent this confidential order to all hands of departmental,
subordinate district and district and city officers with the instruction
to follow strictly the given directions.

In result a detailed differentiated system of rationing has
been elaborated.


On the lowest grade of this system have been the Jews. As for
the main idea upon which their rationing have been based, has been the
determination to speed up their total extermination.

Dr. Fiszer, the Governor of Warsaw, where the largest Jewish
settlement has been established, stated very plainly:

"The shall exterminate this tribe (the Jews). They
will disappear due to hunger and destitution.*"

Jews have been systematically discriminated against in respect
to food rations. As far back as in 1934, Jewish inmates in the con-
centration camps of Buchenwald and Dachau have been given half the
quantities of food rations, while their work was doubled. (See
Document over Warsaw p. . . .).

The starvation of Jews has been enacted in the following manner:

Jews have been rigidly segregated from the gentile population, they were
given rationing cards specifically mixed, they were forbidden to buy allotted rations in the regular purchasing hours; special hours, usually one or two hours before the closing of the stores were being not as the "Jewish shopping hours," the purpose being that Jews may buy only what was left over by the Aryans. (For instance, order of Memel Governor General of January 31, 1943, See Reportation, p. 51). Jews were denied almost all of the protective foods, i.e., Jews were forbidden to buy or even to accept as a gift — meat, fish, eggs, milk, vegetables, fruits, etc.

Finally, Jews were allotted drastically curtailed food rations which amounted to less than 30% of the German ration.

The Jewish food ration which consisted of the most only 37% of the required amount of carbohydrates, 33% of the required proteins, and only 0.1% of fats (see attached table) could not sustain, according to the most conservative estimates, being about a starvation death in about a few months.

In addition, by rigid segregation, by locking up in ghettos, labor and concentration camps under the penalty of death for leaving them by the prohibition under heavy penalties of buying or even accepting...
Food as a gift outside the ghetto (e.g., see order of July 28, 1942
of Fr. Karol Stadnichans of Cracow — 'Ghetto, p. 671. Jews
were cut off from the black market and doomed to a starvation death,
which did come very soon to thousands and hundreds of thousands of
Jews in the ghettos and in the labor and concentration camps, even
before the other means of extermination, deportations and massacres
were applied on mass. (Exhibit H)
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and hundreds of thousands of Jews in the ghettos and in the labor and
concentration camps, even before the other means of extermination, im-
portations and measures have been applied on masse.

The Germans in determination to wipe out the remnants of the Jews
in Europe, did however go further, they lay any obstacles and prevented
the hungry and sick Jews from getting any help, even allowed.

Attempts plans on behalf of European Jewry in many a case have failed
nearly because of vast violence opposition. So Jewish children were ad-
mittied by the Nazis into the transports of tens of thousands of children
from Germany itself and from the occupied territories accepted by Switza-
land and Sweden, for temporary shelter and recuperation. Forty thousand
Jewish children from Bulgaria who were granted immigration certificates,
to Palestine, have been refused exit visas because of the opposition of the
German authorities. The same happened to 5,000 Jewish children in France,
who were granted entry visas to the United States and other American coun-
tries.

Jews in Poland of the ages below five and above forty-five were
forbidden by a Nazi decree to get medicines, the only patients allowed to
be kept alive being only those who could be exploited in the labor camps and
Post parcels sent by Jewish individuals and organizations to Jews in Poland and elsewhere have been frequently confiscated or not delivered.  

Andersen, time to people should be delivered (Uddevalla Posten).  

Of 15,000 noted to Jews in the Boston by Jewish organizations through  

Sweden in the first months of 1943, 1,000 were confiscated by the Nazis.  

7,500 were sent back because of the deportation or death of the addressee or because of the refusal of the German post office to deliver the package.  

Receipts of only 500 packages arrived, but only 70 were signed by the addressee personally.  

In the middle of 1943 the German authorities let known the Swedish post office that all parcels addressed to Jews in the General Government would be confiscated without compensating the sender (Prottt Alt. July 15th, 1943 - circular of the Swedish General post office No. 52 of July 17th, 1943 - Nova Mosaic July 21st, 1943).  

Recently upon liberation of the Bergen-Belsen concentration camp  
large amounts of Red Cross parcels sent by Jews, have been found.  
The parcels were never distributed to the starving Jews, apparently of  
sheep hides which, since they were not used by the Germans either.  

Index of persons mentioned in this chapter

Hermann Göring
Robert Ley
Walter Horstmann
Hermann Goering

Dr. Hans Frank, governor general of Poland
Dr. Kühler, Secretary of the Governor General
Dr. Hitler, Governor of Poland

Marshal - generalissimo of Vienna

H. Park - Statthalter of Crimea